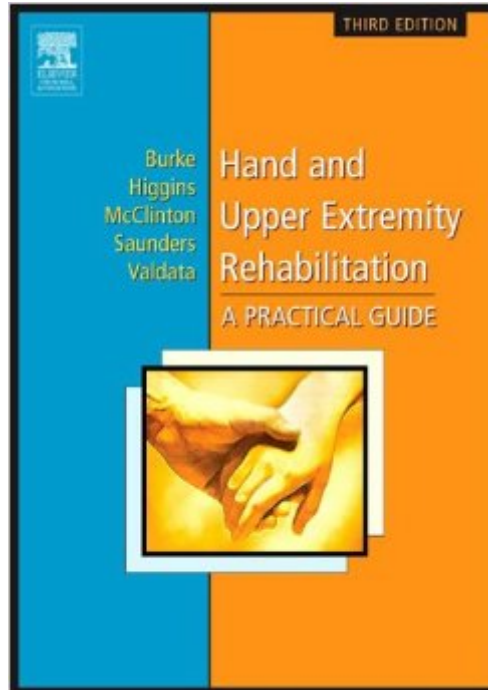


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# Hand And Upper Extremity Rehabilitation: A Practical Guide, 3e



## **Synopsis**

This practical resource blends the technical and clinical skills and knowledge of hand surgery and hand therapy for the treatment of common medical conditions affecting the upper extremity. Written in an outline format, it covers non-surgical and surgical procedures for these conditions, along with their purpose and rationale. The new edition addresses not only the hand, but also features expanded coverage of the wrist, elbow, and shoulder. Both conservative and postoperative rehabilitation are reviewed, and potential postoperative complications are addressed. Each chapter is written by a hand therapist, and the operative content within each chapter is contributed by a hand surgeon, reflecting the collaborative nature of current practice. The editorial board consists of three hand therapists and two hand surgeons. Chapters follow a templated, outline format that enables readers to quickly access information about therapeutic approaches for diagnoses in the clinical setting. Expanded content provides the most current information for effective practice, covering topics such as scar management, radial nerve compression, tendon transfers for ulnar nerve palsy, brachial plexus injuries, complex extensor tendon injuries, extensor tendon tenolysis, and shoulder instabilities. New easy-to-use organization divides chapters into 8 parts - Wound Management, Nerve Injuries, Tendon Injuries, Shoulder, Elbow, Wrist and Distal Radial Ulnar Joint, Hand, and Special Topics - so information can be located quickly. New chapters offer expanded coverage of the wrist, elbow, and shoulder, with discussions of radial nerve compression, brachial plexus injuries, shoulder instabilities, elbow arthroscopy, wrist arthroscopy, carpal fractures and instabilities, TFCC injuries, and wrist arthroplasty. Over 400 new line drawings and clinical photographs delineate important concepts described in text. 51 leading experts offer fresh insight and authoritative guidance on therapeutic approaches for many common diagnoses. Clinical outcomes now included in each chapter relate clinical expectations to the results of clinical research trials, providing the therapist with the expected range of motion and function based on evidence in the literature. Reference lists and suggested readings have been updated to include the most current, relevant references.

## **Book Information**

Paperback: 784 pages

Publisher: Churchill Livingstone; 3 edition (August 19, 2005)

Language: English

ISBN-10: 0443066639

ISBN-13: 978-0443066634

Product Dimensions: 1 x 7 x 9.8 inches

Shipping Weight: 3 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars See all reviews (8 customer reviews)

Best Sellers Rank: #253,491 in Books (See Top 100 in Books) #22 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Occupational & Industrial Medicine #29 in Books > Medical Books > Medicine > Internal Medicine > Occupational #110 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Physical Medicine & Rehabilitation

## Customer Reviews

Extremely informative. A must read for hand therapy.

This product works. It does what it says, arrived in good condition and able to use it for my purpose. Love my volume two and used it allot in my practice. It looks this edition it will be useful also but haven't used it yet. the one draw back that I have is that it is a little thick and different shape than second edition so it is not quit as easy to turn the pages as quickly in the clinic but that does not affect my buying it because of the information for the health of my patients it provides.

I'm looking forward to reading this book.

I'm an OT in a LTC setting, but see outpatients as well. I've only referenced the book a few times, but love it so far. Very helpful. I gave it 4 stars only because I've only referenced it a few times. But keep it on my desk to use when I may need it again.

very helpful layout, to the point, good overview of everything but I will still need to purchase more books and courses to obtain more detail about different treatments.

As an OTA student, I would recommend purchasing this book. It let's you know what should be done at each stage of recovery of different UE diagnoses.

Recently purchased this book to replace another hand book that I have. Lots of useful info and easy to read. The anatomy pictures are pretty decent. Some pics of splinting options. It covers a wide variety of diagnoses.

I am an OT and find this book very helpful to make quick treatment references.

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